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Associated Students of Eastern Washington University

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Let it snow, let it snow

Several inches of snow fell on Thursday, Jan. 19, resulting in the closure of evening classes at EWU's Cheney and Riverpoint campuses. Classes resumed on Friday morning in spite of the closures of several other area schools including the Community Colleges of Spokane.

THE EASTERNER

Eastern Washington University

January 25, 2012

Volume 63, Issue 13

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This week

DON'T MISS:

Band Invitational I Finale Concert will be Jan. 28 at 7 p.m. in the Show-alter Auditorium. It will feature the **EWU Wind Ensemble and guest high school concert bands**. Dr. Gary Gilroy from California State University, Fresno, will be the guest conductor and event clinician.

The Faculty Percussion Recital will be Feb. 1 at 7:30 p.m. and will feature Michael Wal-drop as a soloist in the Music Building Recital Hall.

Wear Red Day is scheduled for Feb. 3. It's how the American Heart Association is asking for support against heart disease. For more information, visit GoRedForWomen.org or call 509-536-1500.

Apply for the **Stewart Book Scholarship**. You could receive \$250 for up to two books other than text books or \$100 for a cultural event plus one book. Details at ewu.edu/bookscholarship. Apply by Feb. 3.

Cheney police warn of a **\$50 fine for parking on the street during heavy snow-fall**. When two or more inches of snow accumulates upon the streets, so long as the snow remains uncleared, vehicles parked on public streets between midnight and 6 a.m. risk the fine.

Jan. 26 is the **State-wide Day of Action**. Join the ASEWU in PUB 263 to protest budget cuts. Pizza and refreshments will be provided.

Missing person update:

The body of missing Cheney resident Jeannette M. Gagnon was found in a wooded area off Simpson Parkway on Sunday, Jan. 22. Gagnon was last seen alive when she had been dropped off at the STA Plaza downtown on Jan. 18. It is presumed by police that she took a bus back to Cheney. No foul play is suspected.

By Dylan Coil

NEWS EDITOR

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Ongoing investigations by Cheney Police and EWU will decide the legal and academic fates of three Eastern students belonging to the Sigma Nu fraternity who were booked on charges of drug possession after throwing a party Jan. 15.

According to Cheney Police Commander Rick Campbell, Cheney Police executed a search warrant to a house on Normal Parkway after responding to a call that a woman had been screaming and banging on doors in the area.

Inquiring about the distressed woman, two police officers approached the house where three current or former members of the Sigma Nu fraternity, Andrew D. Tucker, Kyle A. Hubly and Joseph L. Welsh, were throwing a late-night party, according to police reports.

According to the statement of arresting officer Sgt. Richard A. Beghtol, "When the officers knocked at the door to determine if there was anything wrong, a person answered the door and identified himself as the renter, the other occupants slammed the door."

Beghtol applied to Spokane District Court Judge D. Wilson for a search warrant for the premises and provided copies of the warrant to each identified renter before the search began.

According to Campbell, the search turned up psychedelic mushrooms, methamphetamine, marijuana, cocaine, pre-packaged drugs ready for sale, guns and large amounts of money totalling \$803 in cash. Underage drinking was also believed to be present.

Beghtol's statement said that police found evidence of drug use



Photo by Evan Sykes

The house on Normal Parkway in which psychedelic mushrooms, methamphetamine, marijuana, cocaine and guns were found.

throughout the house along with paraphernalia that previously contained controlled substances, and that the "residence was clearly a drug house."

Hubly, Tucker and Welsh are scheduled to appear at their arraignments Monday, Jan. 30, at the Spokane County Superior Court of Washington.

The university released a statement saying, "We are presently working with authorities to ensure we have a fuller account of what happened and are taking appropriate action regarding individual students."

Members of Eastern's Sigma Nu fraternity are currently being investigated to find out how much they knew about the behavior of their three fraternity brothers.



Photo by Evan Sykes

Winter's inadequate sunlight can lead to Seasonal Affective Disorder.

It's cold. I'm so SAD.

Seasonal Affective Disorder hits hard during the winter months but can be fought with light treatments and vitamin supplements

By Nicole Livingston

STAFF WRITER

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Feeling sluggish during colder months? Having trouble dealing with the holidays? Is winter quarter harder than the rest of the school year? Seasonal Affective Disorder (SAD) could be the problem.

According to Alice Emerson, a staff psychologist at Counseling and Psychological Services (CAPS), SAD is a mood disorder that has similar symptoms to depression. Some symptoms may include increased appetite, weight gain, loss of interest, lack of concentration, feeling the need for extra sleep and withdrawing from social situations.

Emerson says conditions that elevate the risk of having SAD are working in an indoor setting with little exposure to the outdoors

and living in northern areas. "Typically, what's going on here is people aren't getting enough sunlight," Emerson said.

"We see a fair number of cases in Cheney and the Inland Northwest specifically," said Carol Gahl, a physician's assistant at Rockwood Cheney Clinic. "Even at the height of our summer time here, we only have about six weeks in the summer where we get adequate UVA and UVB light for the body to produce enough Vitamin D for good health."

According to Gahl, the body needs sunlight exposure in order for it to produce Vitamin D. This vitamin helps with mood, the immune system and bone health. Often times, students don't recognize SAD as the problem. She says

SAD-PAGE 9

OPINION:

Is college more than a party?

By Derek Brown

OPINION EDITOR

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Cheney Police arrested three people with ties to the Sigma Nu fraternity on Normal Parkway last week after finding guns, drugs, and money.

According to the KXLY-TV, officers responded to a house party at an off-campus residence on the north side of Cheney after complaints of a women shouting for help and banging on doors of neighbors. The police arrived, had the door shut in their face, and filed for a search warrant.

After serving the warrant, police arrived to the

house and found, "cocaine, we found methamphetamine and some psychedelic mushrooms marijuana, alcohol, underage drinking," Cheney Police Department Commander Rick Campbell said.

Andrew D. Tucker, Kyle Hubly and Joseph Welsh have all been charged with drug possession. "Because the three arrested students were current or alumni members of a fraternity," EWU's official statement stated, "we have initiated an inquiry with that organization to determine what, if any, role or involvement the organization may have had related to the individual students."

The statement goes on to say that "EWU has high standards for students and for student organizations. Any involvement with criminal activity is absolutely unacceptable and will not be tolerated."

Historically, it would seem, fraternities have been, at least since the days of Animal House, known as the place to go for underage drinking and drug use.

Frats and sororities have long been the institutions where pledges are forced, at times, to do wild things, including heavy drinking.

Some would say that

PARTY-PAGE 5

Graduate music program escapes tough cuts, hopes to entice students with program redesign.

By Trevor Parus

STAFF WRITER

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Beginning Sept. 1, students interested in the graduate music program will have more options than before. Students will be offered a variety of night, weekend, summer and online courses.

All of the graduate programs are periodically reviewed. When the music program came under review, it seemed that their enrollment was low and that it would be costly to continue the program.

These changes came amidst proposed budget cuts that could have altered the music program, leaving it with no graduate program. According to Patrick Winters, department chair of the music program, administrators had proposed to cut the graduate music program entirely.

As of Jan. 15, 2012, the program was re-

instated but had to bolster it's program to help increase enrollment.

"It was identified that music ... was on the small side in terms of enrollment, therefore it might be expensive to operate in this era of financial crisis," Winters said.

According to Winters, Eastern is the only school in the Spokane area that has a graduate music program.

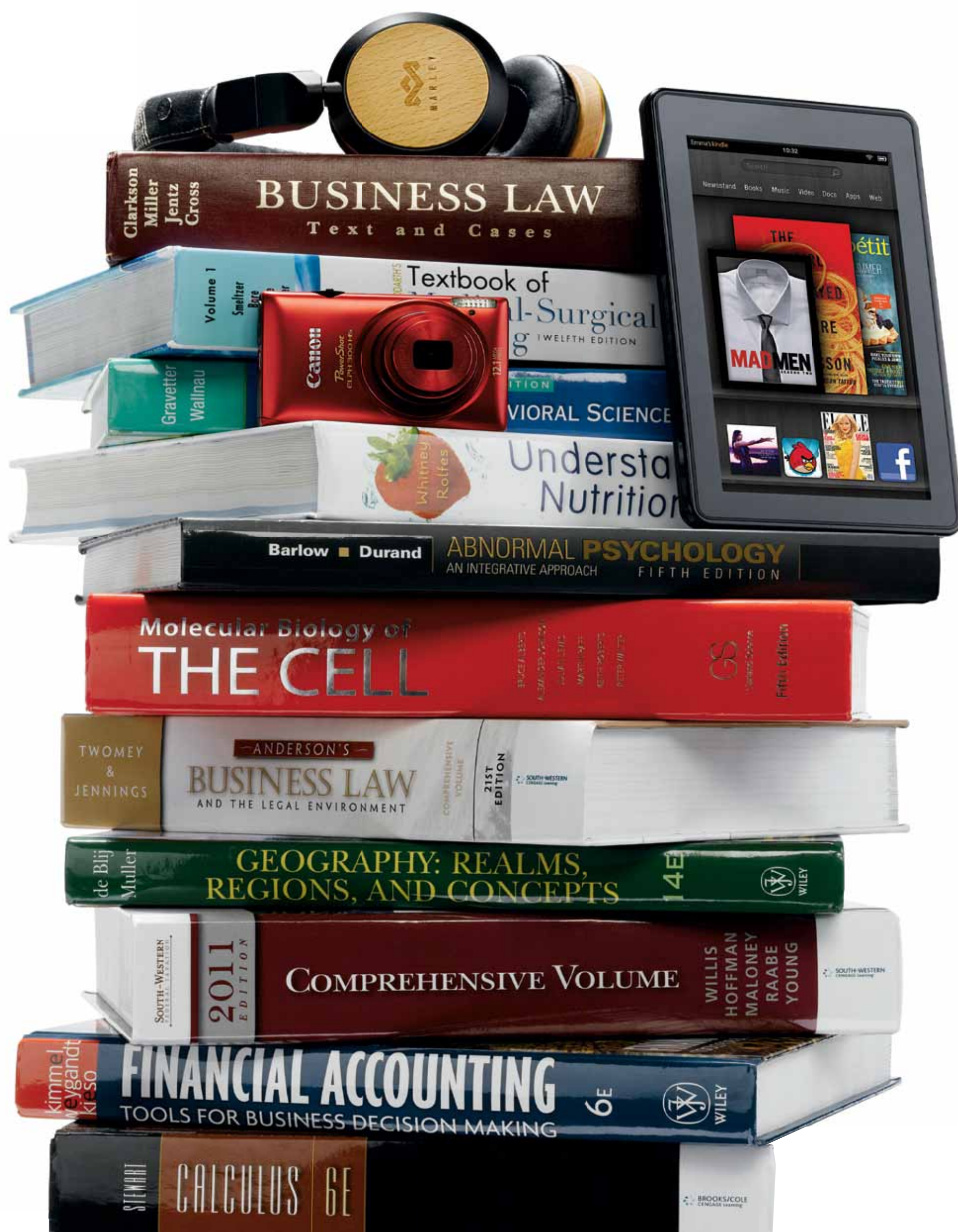
According to Chris Bruya, director of jazz studies at Central Washington University, Eastern is not the only graduate music program that faces these problems.

"We're going through the same things that [Eastern] is going through," said Bruya. "It seems to be that the focus is on the number of students [in the graduate program]."

According to Patrick Winters, the goal for the music program is to revamp it and make it a better fit for the community.

MUSIC-PAGE 4

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Spare change for students

New philanthropy program implements dropboxes where donations of any size can be made to contribute to EWU’s General Scholarship fund

By Kristie Hsin
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All donations from the “Round It Up for Scholarships” project will contribute to the EWU General Scholarship Fund.

“Round It Up for Scholarships,” a campaign implemented to help raise money for the EWU General Scholarship, runs Jan. 17-31. This is the first time the university has implemented the project.

The Office of Alumni Advancement, EWU bookstores and ASEWU have teamed up to help raise money through philanthropy.

The purpose of this project is to promote philanthropy and to show the students that we need to work together, according to ASEWU President Oscar Ocaña.

Ocaña and ASEWU university advancement representative Hayden Indahl are leading the promotion of this campaign. Director of Alumni Advancement Lisa Poplawski was the mastermind behind the project.

According to Indahl, the associated students were contacted to collaborate with Alumni Advancement on this campaign.

“They wanted to have us represent the campaign so that the students saw us and that they can see that we’re actually working for them, ... that we’re not just sitting around doing nothing,” said Indahl. “I think it’s important for the students to see that there are projects going on to benefit them and that they can see that they’re actually being part of building up those scholarships.”

This is just a pilot project and the associated students would like to take it further. Assuming it is successful, the campaign will run twice a year, according to Ocaña.

“We only wanted to make it two weeks for each time

we do this,” said Associate Director of Alumni Advancement Pat Spanjer. “We want it to be something fresh and new every time we do this.”

Most scholarships are funded by the generosity of donors. With increasing state budget cuts leading to an increase in tuition, students face more and more financial difficulties.

The university awards more than \$1.9 million in scholarships to approximately 1,000 students every year. Scholarship eligibility requirements vary depending on the scholarships.

Ocaña says it’s difficult to ask students to donate when they’re the ones needing the money and scholarships. He feels this project is one of the first steps in reaching out to students and their needs.

“It is really important to me because as history has shown, unfortunately our student government hasn’t been that involved outside with the student population,” said Ocaña. “My predecessors were engaged with the internal and institution side. They definitely accomplished a lot, but there wasn’t so much from the student population side.”

ASEWU fronted \$400 to purchase 14 or 15 white piggy banks to place around Cheney. The Grove, Copy Junction, Owl Pharmacy, Harvest Foods, Eagles Pub, and Tree of Knowledge are just a few of the many places people can donate.


The Cheney and Spokane EWU bookstores are the only places donors can round up their amounts.

Other local businesses have the piggy banks for donations.

“They can’t round up the amount because that takes a special mechanism in the cash registers to be able to do that and the Eastern bookstores were really glad to help us out with that and get the mechanism in the

GIVE IT BACK CONTRIBUTORS

- The Grove
- Copy Junction
- Tree of Knowledge
- Owl Pharmacy
- Harvest Foods
- Loco Dogz
- Eagles Pub
- Ben Franklin
- Do it Best
- True Value
- EWU Bookstores



Easterner Graphics

List of Cheney and Spokane businesses where dropboxes are set up to accept donations.

cash registers to be able to round up. We’re not asking businesses to do that,” Spanjer said.

“Round It Up for Scholarships” will benefit the university and the Alumni Advancement by increasing revenue for and awareness of the EWU General Scholarship Fund, increasing philanthropy opportunities and increasing the visibility of the bookstores in Cheney and Spokane.

“I think it’s also great that we are really spurring

on a culture of philanthropy among our students so that they can understand that they can also help their fellow students receive scholarships that help them go to Eastern,” said Spanjer. “We’re actually putting up a full-size poster of [Indahl] at the bookstore. ... He’s holding a chart that we’re going to put markers on where we are from day to day.”

As of Wednesday, Jan 18, Cheney had 596 transactions and collected \$202.27 in donations. Spokane had 24

transactions and collected \$10.91.

The final total will be determined by Feb. 1.

“We could not do this without the bookstore. [There] has to be a lot of initiative from the cashier to promote it and say, ‘Hey, do you want to round up your amount?’ ... If the cashier did not promote it, then it dies there,” said Ocaña. “Sometimes a penny can make a big difference when you multiply that by 10,000.”

New media relations specialist joins EWU student government

Decision made last week despite low number of applicants and missed deadlines

By Fedor Gaponenko
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After the resignation of Parker Hemingway, the staff at ASEWU was forced to find and appoint a new communications and media relations specialist. They accomplished this on Friday, Jan. 20 with the appointment of Maria Christianson.

Hemingway was in the student government for over two-and-a-half years and was the communication specialist since the end of spring quarter 2011, but due to personal reasons, he had to resign.

“He was an amazing worker and the student government is sad he has to leave,” ASEWU President Oscar Ocaña said.

The hiring process began once the council approved Hemingway’s resignation. After the position was opened, advertised for a week and the application deadline was reached, the council reviewed the applications and interviewed the most worthy candidate.

“Even though the person

is appointed by the president, the bylaw says that I must be advised by the council. So we collect a couple council members who will help me in the hiring process. They pretty much become the hiring committee,” Ocaña said.

Depending on how many applicants there are and how qualified they appear on their applications, anywhere from one to five may be selected for interviews.

According to Clem Bustamante, ASEWU executive vice president, seven or eight people picked up applications, but only one met the deadline.

“We thought about maybe re-opening it to collect more applicants,” Bustamante said. “But based on [Christianson’s] interview alone, I didn’t think we would find anyone more qualified. Plus, she had a lot of experience, [including] over two years of working in the Spokane and Cheney communities in a related field.”

Once the selection of Christianson was established by Ocaña and con-

firmed by advisors of his choosing, she was brought before the whole council for approval. The approval was unanimous and she was appointed at that time.

According to Bustamante, as the new communication and media relations specialist, Christianson will work directly under Ocaña. She will be required to maintain ASEWU’s website, handle any media interactions and design flyers for advertising.

“I heard about it through Nick Fell, who is the chief justice,” Christianson said. “He was actually showing it to someone else and it perked my interest. I took a look at the requirements and what the job entailed was exactly what I want to do.”

The job requires an applicant to be at least a junior or to have two years of work experience. Although Christianson is only in her sophomore year at Eastern, she has worked at the Cheney municipal court for three years.

“I’m really excited for the position,” Christianson said.



Photo by Evan Sykes

Maria Christianson joins ASEWU with years of related experience.

Manage money, club style

By Trevor Parus
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As of this quarter, a new club has emerged on campus: the EWU Marketing Association. The EWU Marketing Association is an alternative for students interested in marketing or business but not wanting to deal with a business fraternity, according to Jeff Hunlock, vice president of the club.

“We basically wanted to make it more accessible, something where we could possibly get together, get speakers, have meetings, fundraisers now and then. But make it more accessible to people that wanted to be interested in marketing rather than paying huge fees to be in the business frats,” Alyssa Aries, president of EWUMA, said.

The club was re-instituted this year from a previous club, but the leadership is new.

“We talked to our marketing professor and he told us that there used to be a club and that all we needed to do was to renew its membership through ASEWU,” Hunlock said.

The EWU Marketing Association plans on having résumé-building events, keynote speakers and pizza parties. In addition, the club plans to work with career services in anticipation of holding career events.

“There are a lot more companies out there besides what the school has connections with. We want to get those companies coming to Eastern so it’s more accessible for the student and so people know about their opportunities,” Hunlock said.

The club has already began to talk with local businesses that plan on participating in guest speaking events, networking events and potentially sponsor the club for other club related activities.

“We’re trying to get all the marketing professors involved, so we are not limited to just one person’s connections,” Hunlock said.

Aries, who plans on working in airline marketing when she graduates, is hopeful the club will create a social network specifically targeted for marketing students.

“I think the [club] would be nice to have for other marketing students who may be working on a plan, to have help, and hopefully we can help them out with what we’ve already learned,” Aries said.

Compared to other organizations on campus, such as a business fraternity, the dues for the EWU Marketing Association is relatively cheap.

“We didn’t want to make the dues very expensive for the first year. We wanted to make them \$5 a quarter.”

The club’s goal is to not just have meetings and talk about marketing but to have fun events. According to Aries, one of the goals is to have fun, but at the same time, see how real world marketers work.

According to Hunlock, the club has goals to speak with local sports teams like the Spokane Indians baseball team or the Spokane Chiefs hockey team.

The club would speak with the team’s marketers and see how practicing marketers really work in the field.

“We didn’t want to make it something that takes up all of their time. We wanted to make the meetings bi-quarterly and make it worth their while. Like if you come to this meeting, we will have pizza and we’ll have a guest speaker, for example,” Aries said.

eLearning test drive gears up

University to adopt new academic technology, which would either replace Blackboard or update it

By Kristie Hsin
SENIOR REPORTER
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Eastern’s Office of Information Technology is requesting the help of faculty members in test-driving two or three learning management programs that could replace Blackboard.

The process will kick off during the first few weeks of February. Participants will be given an evaluation rubric and are asked to review each system by posting content, creating online discussions and creating online tests.

Faculty involved will provide input and opinions on each of the systems. Executive decisions will be made by the university’s Academic Systems Advisory Committee.

The university’s current learning management system, Blackboard 8.0, will soon reach the end of its subscription and a new learning management system will be phased in. Possible new systems include Moodle, Blackboard 9.0, Sakai, and Canvas.

“We are participating in a statewide request for purchase where vendors respond to the [request for proposal],” said Dave Dean, manager of eLearning ser-

vices, in an email. “Vendor responses are scored and evaluated and the top candidates are asked to provide pricing. As this process takes place, the participants in the RFP will negotiate with the vendor regarding pricing and associated services.”

Washington State University, the University of Washington, the State Board for Community and Technical Colleges, and Central Washington University are also alongside Eastern in this request for proposal.

According to Dean, the main goal of the operation is to provide Eastern with a learning platform that updates or replaces the university’s existing version of Blackboard.

The new learning platform will offer an expanded set of tools that instructors can use.

“Depending on the result of the [request for proposal], we look forward to providing instructors with a more integrated way to take advantage of instructional tools such as course blogging, video content, as well as the use of social and mobile tools. Students will interact with these tools as faculty employ them in instruction,” Dean said.

Another aspect of this effort is to increase dialogue and coordination at a statewide level regarding the tools being used for instruction.

According to Dean, such coordination will help offer the university pricing leverage with the tools used.

By providing a larger number of online instructional tools similar to all other institutions, students are able to interact easily with other institutions.

The Office of Information Technology continuously gathers student feedback regarding Blackboard throughout the course of the school year. Over the course of this past year, the department has gathered student feedback regarding Moodle.

The department had a class of students in a technical writing course share their opinions regarding Moodle after they conducted a study of using the system.

“We also gather input from the help desk system which includes inquiries and feedback from students for multiple student learning systems,” said Dean. “As a product is selected and is being implemented, student input will again be gathered.”

DATES TO REMEMBER



- Jan. 16-20 Request for proposal (RFP) committee members score responses.
- Jan. 20 RFP committee discusses scoring and selection of vendors to invite to sandbox scoring.
- Jan. 24 Requests to finalist vendors for sandboxes.
- Feb. 1 Open sandboxes to faculty scorers.
- Feb. 15 Feedback from faculty scorers collected, analyzed, sent to committee.
- Feb. 28 RFP committee online meeting to analyze RFP scoring and faculty and committee feedback on sandboxes, and select vendors to invite for final live demos.
- March 26-27 Entire Committee; two day meeting face to face to see vendors, demos and make final decision
- March 27 Successful respondent to RFP is determined.

Easterner Graphics
A list of dates showing the timeline for testing new technologies and choosing a new software.

Music:

Continued from front page

“We’re in the process of designing [a program] where students can get their graduate degree in music in the summer, [on] weekends and at nights, in addition to the traditional track that we now have,” said Winters “This should be a lot more accessible to the public, which should increase our enrollment.”

The graduate music program will also offer online courses to help meet the changing needs of students.

“There is the academic side to music, such as music history, music theory, and music education. ... Not all of it can be done online, but we think

there is a number of courses that can be done online, and that’s very exciting,” Winters said.

According to Winters, many of the students are not full-time. Some of them are working professionals slowly getting their degree.

“We’re trying to streamline [the music program] so more people can get it done in a more timely fashion,” Winters said.

At any given time, there are 18 students in the graduate program. Compared to other universities such as CWU, this is standard.

According Bruya, there are usually only 15 to 20 students in the program each year at CWU.

The new program identifies potential students who may have not been previously able to go back and get their master’s degree.

“For example, public school music educators can’t quit their job and go back to school while maintaining their professional life and their income,” Winters said.

This new program would accommodate professionals of this sort by offering nights, weekends and even online courses. The idea behind revamping the program is creating access.

“I’m not sure how much students are aware of this or have any background of this,” Winters said when asked how much students knew about the proposed cuts.

Winters believes the new changes will be good for everyone.

“As the music faculty, we are all unanimous that we get this revamped, because it will really be a win-win for the university, the department and the community,” Winters said.

Drug charges:

continued from front page

individuals,” said Tim Braddick, director of fraternal operations for the national Sigma Nu organization. “Action can take several forms. We look into any matters of potential safety or policy violations, or we may contact our alumni advisors. It varies from campus to campus.”

On top of any legal consequences the three students in question might face, the university has the right to enforce the student code of conduct because Greek organizations fall under student clubs, even though the incident occurred off campus and away from Greek row.

“The university will enforce the student conduct code off campus if it feels certain behaviors will reflect poorly on Eastern,” Meany said.

More information will be made available as the results of the investigation are revealed.

THE EASTERNER



T-SHIRT COMPETITION

THE RULES:

- #1 All designs should be on a black, gray or transparent background and must say "The Easterner" somewhere on the design. Optional motto: Your Campus, Your Voice, Your News.
- #2 Designs should use no more than three colors, not counting the background.
- #3 All submissions are due to Easterner.editor@gmail.com by Monday, Feb. 20. The winner will be selected by a staff vote and notified by email.
- #4 Designs may include the flag; email Easterner.editor@gmail.com, btbritz@gmail.com or easterner.me@gmail.com for an AI or EPS file.

We reserve the right to alter the winning design if needed.

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Martin Luther King Day kickstarts Black History Month

easterner.opinion@gmail.com

Thousands of people packed into the convention center on Jan. 16, 2012, bundled up in heavy coats and gloves, waiting to take the annual march through the streets of downtown Spokane in remembrance of a man who is as central to the history of America as the Founding Fathers.

Along with Happy Watkins, known in the Inland Northwest as the man who can recite King’s “I Have a Dream,” speech flawlessly, many other minority leaders from the Inland Northwest were present.

Ivan Bush, Watkins’s co-planner, and equity opportunity officer for Spokane Public Schools, played emcee for the event.

Bush, along with Watkins, has helped organize the event for 20 years. “This is humbling,” Bush said, peering over the crowd, which was, for Spokane, as diverse

as it gets. “It shows me the greatness of our community. We’re not just black and we’re not just white.”

Bush introduced Mayor David Condon, who gave a small speech, as well as Senator Lisa Brown.

“We can’t forget about the people who’ve inhabited this land for thousands of years,” Bush said, likening the Spokane River to a meeting ground. He called David Brown Eagle to the podium.

“If you want to be hated, be hateful. If you want to be loved, be loving,” Brown Eagle, of the Spokane Tribe of Indians, told the audience. Then Brown Eagle sang a song he dedicated to the youth followed by enormous applause.

Watkins then recited Dr. King’s famous “I Have a Dream” speech.

“Let freedom ring,” Watkins shouted, as the audience gave way to deafening applause, “When we let freedom ring in every state and city, we speed the day when all

God’s children, black and white, Jew and Gentile, Protestant and Catholic will say: Thank God almighty, we are free at last!”

By 11 a.m., people poured out of the doors en masse and filled the streets, marching toward Main Street and down through the still-sleeping city.

According to The Spokesman Review, an estimated 3,000 people turned out for the parade, compared to last year’s 1,700.

Last year’s parade was interrupted when a bomb was found in a backpack on the parade route. Luckily, the bomb wasn’t detonated and no one was injured. Kevin Harpham, 37, is now serving a 32-year sentence for the crime.

The record turnout points to a strong solidarity among people in the community of Spokane. Rev. Happy Watkins, one of the organizers of the event since its inception, told the Spokesman that “this year, there were far more white

people than black people. They were here to say, ‘We’re not going to let that turn us around.’”

As the crowd marched past the place where the bomb was found last year, no one seemed to notice. People moved along, fixated on peace, looking only towards the future and not the past.

The Lewis and Clark High School percussionists led the march, playing heavily syncopated beats. At the mall, another group of drummers pounded on bongo drums. Some people danced. As the mall filled with people, Bush took the podium again.

At one point, Bush told the audience that this would be the last year that he and Watkins would organize the event. He said that a new generation should rise up “and take the reins.” A sudden, poignant silence filled the place, which was just as quickly replaced with cheers.

Given King’s work with pover-

ty, it’s no wonder he is as revered today as he was during the civil rights movement of the 1960s. Had King been alive today, he’d be right at home in Zuccotti Park in New York, with Noam Chomsky, Cornell West and Jesse Jackson talking to the Occupy Wall Street protesters.

We must not forget that race relations in America still haven’t improved as much as we would like to imagine they have. Just look at Arizona. The good doctor would probably be marching on Tucson too, had he been alive to see the farce that has become of it.

So many of King’s words still resonate with us. And all of us—from every race—owe to his example our own love for each other.

With Black History Month on the horizon, we hope that all of you, too, will seek to follow in his footsteps and see the world of diversity as a beautiful example of our many differences.

Through the Eagle’s Eye

Photos by Nikki Livingston

“Do you think the recent drug bust in Cheney tarnishes the reputation of fraternities and sororities?”



“I don’t think it makes them look any worse than they are. Who knows, maybe they’re worse than they look.”

Connie Stafford



“It sets a bad example for the rest of the people who want to join a fraternity but think that’s all that they do.”

Anthony Dellamaggiora



“I kinda feel that with the media that surrounds them, they already have a negative connotation as it is.”

Aunja Norland



“Maybe it’s more frat than sororities because I know some people from sororities who don’t do that.”

Chris Staymates



“ I have a pretty dismal outlook on them already because I’ve been around those people before and they’re not my crowd.”

Aascot Holt

Party:

continued from front page

things that these Eastern students were doing were merely part of the college experience.

But has college always been a place where students learn to engage in riskier behavior?

Did Plato force Aristotle to consume a gallon of wine and run around Athens in a toga with no underwear while shouting obscenities and smoking a joint, waiting to get arrested by the authorities?

Were the last classically educated people engaging in risky behavior as part of their pledges?

Was the original idea of the Skull and Crossbones to spread inebriation to the ruling class?

When did the idea of college being one big party begin?

With websites like PubClub.com ranking the “Top ten party schools for 2011,” promising us that “these are schools who live by the PubClub cheer of ‘Win or Lose, We Booze,’” what has become of education?

If you Google the word “college,” one of the first images to show up is Jim Belushi in his now famous “College” shirt. Belushi’s image is now a symbol of what college means. In the film “Animal House,” from where the image originates, Belushi downs a fifth of whiskey in about five seconds.

It is this that we associate with higher education?

The words “party” and “college” in a Google search turn up page after page of porn, booze and pong.

The Easterner isn’t against any of these, as the right to expression is up to the individual, but it takes a decent education for educated people to uphold the right for that expression.

Already, America is slipping. According to a study by the Organization for Economic Cooperation and Development, America has slipped from 12th to 16th place in the number of people age 25 to 34 holding degrees. Knowing this, do we really need to continue partying ourselves into oblivion?

Moderation, as always, is definitely key.

Some of us may think that what these former or current students were doing was simply a matter of the “college experience,” that is, partying, drinking and experimenting with drugs.

What they were really doing was running a drug business.

Let’s not allow Eastern to become a second rate school based on one small drug bust; however, we should be on the lookout for things that may lead to it.

Letter to the Editor

New levy in the ballot in need of votes to fund area schools

All of the major school districts in the Spokane area have replacement maintenance and operations levies on the upcoming ballot. The ballots will be mailed to homes around Jan. 26, and votes must be submitted by Feb 14.

No matter which district you live in, whether you have children in the schools or not, I urge you to vote to approve this replacement levy.

The local levies fund about a quarter of school operations, and without them we would not be able to offer a comprehensive education to our students.

It is important to remember that this is not a new tax– it simply replaces the expiring 2009 levy.

All of the school districts have information about the levies that are easily accessed from their district home page online.

New voters have until Feb. 6 to register for this election. Just search for “My Vote Washington” and follow the link to register online.

Although most students at Eastern do not have children of their own attending the public schools, I strongly encourage you to vote to approve the levy renewal.

Strong public education is the foundation for a vibrant community, both present and future.

Thank you,

Carrie Hubert
Master of Social Work, student and school social worker intern at Shiloh Hills Elementary in Mead School District

When in Arizona, don’t do what Arizonans do

By Kurt Olson
CHIEF COPY EDITOR
easterner.copy@gmail.com

God bless you, Arizona.

You couldn’t end your unconstitutional practices with racial-profiling traffic stops. You proclaimed openly to the world that your privileged, simple-minded hatred went far deeper than the rest of the U.S. could have imagined.

Two weeks ago, an administrative judge in Arizona, Judge Lewis D. Kowal, decided that any program defined as ethnic studies was illegal as it promoted one race over another. The programs were immediately cancelled in all Tucson, Ariz. schools.

It makes sense. Learning about the history and culture of a group of people is obviously promoting racism and will lead to the destruction of ... OK, I can’t even make it into a joke.

The rich white logic behind this decision is so unacceptable, it isn’t even funny.

Furthermore, teachers in the Tucson School District were told to remove any books where “race, ethnicity or oppression are main themes.” This in-



Olson

cluded a picture book of Mexico and Shakespeare’s “The Tempest.”

Is there anyone in Arizona who can tell this judge that “ethnicity” doesn’t mean “those other poor people who don’t look white” ? An ethnic group is a group of people who share a common identity through culture and geographic location.

That means white people are ethnic, Judge Kowal.

So, given this actual definition of ethnicity, any book that mentions cultural behavior or geographic location or people is banned from Tucson schools.

Arizona just made reading illegal.

Unless of course, they meant that books about white people are fine. Some ethnic studies are acceptable, right Judge Kowal?

Arizona is stealing pieces of the Statue of Liberty and using them to build a bigger border fence. The U.S. that once asked the world to “Give me your tired, your poor/ Your huddled masses yearning to breathe free,” now wants those huddled masses to leave their books at home.

It would be easy to associate this situation with the United State’s history of literary suppression. In some cases, you could say that the attention gained from prohibition is a good thing. Conservative audiences were originally appalled by “To Kill a Mockingbird” and

“Howl.” Once these books were banned from schools, however, the demand for them rose drastically.

But this isn’t a decency issue. It is not one work that has been censored; Arizona has forbidden the mention of ethnicity.

Next, I imagine they’ll remove women’s studies from schools because the program is sexist. Any book that mentions women will be banned. Maybe books about poverty will be banned. Have a text that mentions a broken family? Banned.

Oh wait, oppression is a main theme in nearly every major literary work. We should all get ready to say goodbye to Twain, Plath, Stowe, Faulkner, Kafka, Camus, every non-white author, religious texts and newspapers.

Perhaps I’m being rash. After all, Arizona is just one state. Maybe we can all ignore Arizona like Arizona ignores culture.

Except it isn’t just Arizona. We are a collective of 50 united states forming one union. If those of us in the other 49 states allow Arizona to continue writing racism into law, we might as well join them.

Gather around, America. With Arizona leading the way, we may just be able to ostracize every human in the world.

Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

The Easterner strives to provide EWU students and staff with the opportunity to comment or express their opinions and/or views on any topic relevant to our readers. We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed below. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

LETTERS TO THE EDITOR OPINION EDITOR Derek Brown easterner.opinion@gmail.com	-Include your full name, signature, telephone number and email address for verification. -We reserve the right not to publish letters; furthermore, all letters are subject to editing. -Letters must be received no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday. -If your letter is in response to a specific article, please list the title and date of the article.
Address: The Easterner, room 102 EWU, Isle Hall Cheney, WA 99004	
Requirements -Letter should be 300 words or less, and typed or hand-written legibly.	



Wood takes a break while admiring a replica of Stonehenge in Wishram, Wash. Wood and Maxfield also made stops in Montana, Wyoming, Colorado, Kansas, Missouri, Indiana and Pennsylvania.

Across the country in 82 days

Two Eastern students dealt with road rash and broken bones while biking from Oregon to Washington, D.C.

By Desiree Hood
STAFF WRITER
d.hood28@gmail.com

“I left thinking that I was going to get robbed or shot or run over by a car, ... but everyone was so much beyond helpful that it just blew me away. It just made my faith in humanity renewed,” Jordan Wood, a sophomore, said about the trip he took from Seaside, Ore. to Washington, D.C. by bicycle that lasted 82 days.

Wood took the trip because of a frightening car accident he experienced with some friends. After facing that experience, he developed a plan to see the U.S.

After discussing the trip with the other guys in the accident, Wood realized that a car would be too quick and hiking would take too long. He decided on biking and the plan was set in motion.

Tyler Maxfield, an avid biker and sophomore at the University of Washington, was invited to join Wood on the trip. They had known each other for a year.

“It’s my favorite way of getting around anywhere,” Maxfield said.

They started in Seaside Ore. with camping gear and a few days worth of clothes.

They pedaled into Washington state and followed the Columbia River east, crossing into Idaho and then Missoula, Mont. They rode this stretch on the Lewis and Clark Trail.

“As soon as we hit Idaho, ... it turned into an uphill mountain instantly. That was the start of our uphill trek,” Wood said.

In Montana, they headed south through Yellowstone National Park, through Wyoming and into Denver on the Trans-America Trail.

This leg of the journey soon became eventful.

Wood and Maxfield were pedaling across Wyoming with a group of cyclists they met on the road.

They were about five miles from the Colorado border when Wood decided to pedal ahead.

He planned to meet the other cyclists at the border. What he did not plan for was seeing Maxfield pull up in a red pickup truck covered in blood.

While Maxfield was traveling quickly across the flat terrain, the notorious Wyoming wind blew him off his bicycle at approximately 35 mph.

He was covered in road rash and would need a few weeks to recuperate. They stayed for two weeks in Denver for healing time. “We just had too much fun,” Wood said.

“I still have massive scars all over my body from the accident,” Maxfield said.

When Maxfield felt ready to travel again, they left Denver and followed the Trans-America Trail east through Kansas to the border of Missouri.

As they changed to the Katy Trail to cross Missouri,

they met a cyclist named Eric Frank at the trailhead.

“[Frank] had that ‘Office Space’ moment where he was tired of the cubicle and so he grabbed a bike,” Wood said. They traveled the rest of the bike trip together.

While on the Katy Trail, Maxfield had another unfortunate accident.

A bolt broke on the rack that held his bags, causing the rack to swing into the spokes and flip him off of his bike. Maxfield broke his wrist when he landed.

He got his arm fixed while Wood and Frank continued through Missouri. He met up with them again in St. Louis.

Once in St. Louis, they stayed for a few days before they got back on their bike trip.

They traveled Route 66 through Illinois and Indiana and landed in Pittsburgh.

This was the final turn in their trip and the group moved on to the great Appalachian Trail, dropping them into Washington, D.C.

“When I got to the Lincoln Memorial and I got to the steps, I threw my bike down and I started screaming. ... I sat there and cried,” said Wood. “I cannot believe all this has happened.”

“That was awesome,” Maxfield agreed.

The trip lasted 82 days and for Wood and Maxfield, the experiences gained were immense.

“We camped most of the way, actually. But every day, we would meet an individual



Wood (left) and Maxfield celebrate their arrival at the Mason-Dixon Line in Maryland.

who was more than willing to host us, so we definitely did that a lot, ... definitely gave them Christmas cards, great people,” Wood said.

There were many problems along the way. Leaving helmets at gas stations and having bags fall off were just the small problems.

“As far as [Maxfield] getting hurt, I don’t think you can prepare for that. The only way to deal with that is to take it as it comes,” said Wood.

“As far as dealing with loneliness, because for me that was the worst part ... I kept telling myself, ‘If I turn around, if I quit, I am going to think back to that day and hate myself for not finishing something so great.’

And that drove me on.”

Pedaling across the country on a bicycle gave them time to take in the scenery around them and appreciate the small things about America that make it so great.

“It wasn’t even the cities that were the best [part]. It was in the middle of Wyoming; we just stopped and looked around at barren land. It was in the middle of Kansas, with a hundred-and-twenty-degree temperatures, seeing a silo in the distance and then forty miles later, getting up near it,” said Wood. “It was perfect. It was absolutely wonderful.”

For both riders, the people along the way have

changed them for the better.

“I cannot emphasize enough how wonderful everybody we met were. People were just excited and wanted to help us as much as they possibly could. ... It’s kind of uplifting thinking about that,” Maxfield said.

Wood has six siblings and was glad to do something to make his family proud. Future plans for Wood could include a trip through Europe to visit his brother in Italy. But that trip will be motorized.

“I want to see more and I want to do less work,” Wood said. Possible Vespa trip in his future? Only Wood knows.

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Community Advisors create an ‘awesome college experience’

By Nicole Livingston

STAFF WRITER
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Once a week, Lauren Campbell and Jacob Hafen are in charge of doing rounds in Morrison Hall.

They start at the eighth floor and work their way down to the first to check for any incidents among residents, as well as any safety hazards. This is one of the many duties that a Community Advisor (CA) is charged with.

“If you’re in the building, you’re expected to work,” said Campbell. “It’s a live-in job.”

Morrison Hall is home to Living Learning Communities (LLC). These communities are made up of Comput-



Morrison CA Lauren Campbell (center) with two of her residents.

ing and Engineering Science, EPIC Adventures – Outdoors and Recreation, Experience the Arts, Explore, Healthy

Choices, Impressions (Lesbian, Gay, Bisexual, Transgender, Ally), International Experience and Leadership.

Each floor in the hall has a different LLC and two CAs that oversee each one.

These communities enable students to gather with people that have similar majors or interests.

CAs for LLCs are in charge of putting together weekly programs for their residents.

According to Hafen, the programs are used to show that there is more to do on the weekends than drink.

One on-campus, academic, weekend activity are required. They also must present “one minute clinics” that teach residents about a service or program on campus in one minute or less.

Along with weekly programs, CAs are expected to help at the front desk with

checking out games, movies and other equipment, filling out work orders and answering any inquiries students might have.

“You’re a symbol of help,” Hafen said.

When they aren’t in the halls or behind the front desk, the CAs are going to classes, studying, attending meetings and participating in hall council.

CAs receive free room and board in addition to a paycheck for \$20 per month.

“That’s why you wouldn’t do it unless you loved it,” said Campbell.

The community aspect and leadership training Campbell and Hafen both received has taught them some valuable lessons.

“I’ve learned to better

address things, even something so small as a noise complaint,” said Campbell.

Hafen says he has learned how to deal and work with different personalities.

Hafen and Campbell say that this job is not for everybody, but promote taking the two credit class that prepares students to become a CA.

This class is titled, “CEDP 497.56 Community Advisor Leadership Class” and is offered during spring quarter.

“I feel like every person deserves to have an awesome college experience,” said Campbell. “My freshman year wasn’t awesome and it should have been, and I wanted to make it awesome.”

Communities strive to build cohesion

By Davis Hill

STAFF WRITER
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Morrison Hall hosts Eastern’s Living Learning Communities program. This program allows students to live in the dorm with others who share their interests.

It also gives students the opportunity to participate in educational activities outside the classroom.

Each LLC holds events and activities tailored to the interests of its students.

For example, the Experience the Arts LLC might take a trip to the Spokane Symphony, while the Computing and Engineering Sciences LLC might host a lecture on cyber security.

Many LLC residents feel like they are part of a special community.

“It’s definitely a really good place to start out,” said Keirstan Hanson, who is a resident of the Leadership LLC. “Everyone’s always there, always willing to help you out. We’re one big family.”

“It’s been really interesting to meet so many different kinds of people,” said Kevin William-Laws, who lives in the Impressions LLC.

“My experience has been

really positive and I found a community I can go to. Our floor is all about ... promoting family unity with strangers.”

Nathan Westlund, a music major who lives in the Experience the Arts LLC, agreed.

“You can always find someone with similar interests,” he said. “The only con is that ... sometimes, you can’t do everything.”

“It’s a group of people who are so like-minded,” said William-Laws. “There’s so many different people who are there for you in so many different ways.”

Computing and Engineering Sciences

Morrison Sixth Floor South

This LLC is for students who are interested in computer programming, engineering or other math and science-based activities.

Activities include discussing contemporary issues in computing and engineering sciences, math tutoring and game nights.

EPIC Adventures

Morrison Third Floor North

This LLC is for students

LLCS-PAGE 9

New lab grants Eagles screenwriting spot

By Doug Ault

MULTIMEDIA EDITOR
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Film students have been rejoicing over the opening of the new screenwriting lab.

The lab was the result of a Student Tech Fee grant, which funded the cost of screenwriting equipment to be purchased for use in the R-TV Building mezzanine.

As of the grand opening on Jan. 13, the lab consisted of eight workstations complete with the screenwriting software Final Draft and exercise equipment for working through “writer’s block.”

Future additions will be an Internet connection and, of utmost importance to the students, a printer.

“I’ll be really glad when we get the new printer in here so we don’t have to run to the library or further in order to print anything out,” said senior film stu-

dent Ted Means. “It’ll be a lot more convenient for us.”

To date, the film building has not had Internet connectivity or a printer available for student use.

Emphasis was put on retrieving these tools to aid students in writing their scripts for school.

The R-TV Building has had an editing suite for years, but a screenwriting lab is something new.

“The space was really interesting because it’s not the kind of lab that every film school has or every film program is going to have. It’s sort of a new idea,” said film professor Sarah Monroe.

Though having the screenwriting software available makes formatting easier on students, Monroe says that the real benefits come from beyond the physical attributes of the equipment.

FILM LAB-PAGE 9



Photo by Doug Ault

Overall winners Robo Bugs holding their Lego championship trophy. The team said their favorite part of winning was the audience’s cheers.

FIRST LEGO League builds bright futures

By Desireé Hood

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Since LEGO began in 1932, many Americans have used, played with or built something out of Legos. They have built everything from people, flower pots, airplanes and cars. Back then, the airplanes did not fly and the cars did not move.

Children have been building with Legos as part of the FIRST LEGO League since 1998. They construct for speed and practicality because they are making autonomous robots

The league was founded by Dean Kamen, founder of FIRST, and Kjeld Kirk Kristiansen, current owner of the LEGO Group.

The FIRST LEGO League is a robotics program for children ages nine to 16 nationwide. Kamen and Kristiansen formed the league to encourage children to be excited about science.

Every September, the league gives out a challenge that includes a problem that is happening in the world. This year’s challenge theme was “Food Factor.”

Themes from previous

years include climate, quality of life for the handicapped population, and transportation.

The teams then researched a problem about food contamination and built an autonomous robot that can maneuver through a competition table.

Once this is completed, the teams can enter a regional tournament in their area. Spokane held two regional tournaments and the Tri-Cities, Wash. held a third. Those winning teams came to Eastern on Jan. 14 for the FIRST LEGO League Eastern Washington State Competition.

At the FIRST LEGO League state competition, the teams were given two minutes and thirty seconds to program their robot to maneuver on the competition table and collect or move the different components.

The judges also watched presentations from the teams, scored the robots on different criteria and gave awards for best core values.

The table consisted of many different obstacles. There was a pick-up truck filled with corn, large barrels filled with bacteria where extra points were scored for

putting the bacteria into the sink, fish to scoop, and groceries to deliver to a table complete with a floral centerpiece.

Teams have three attempts at the competition table to score the highest round of points. With the exception of the wooden floor of the table, everything was made with Legos.

Stu Steiner, a senior lecturer in the computer science department and state partner for First Washington FIRST LEGO League, got involved four years ago when the league first came to EWU. He was helping with the set-up of the audio/visual equipment and became a volunteer the following year because of the joy he saw coming out of the children.

“It’s absolutely a great time. It teaches you science and math without teaching you science and math the old fashioned way,” said Steiner. “It’s always hands-on learning to do something and the kids just love it and have a good time.”

Student volunteers helped in all areas, from selling concessions to being referees. According to Steiner, the day ran as smoothly as

possible and the students who helped expressed their sense of happiness.


“This event is about the kids. It’s about them having a good time, learning ... about those STEM [science, technology, engineering and mathematics] areas and being able to connect with Eastern,” Patrick Spanner, a senior and head referee for the event, said.

The winning team for the table competition was Team We Have A Talent (Team WHAT). They enjoyed the competition immensely. “This is the first year that we have done this, ... so we learned a lot at regional,” Tanya LaPier, coach for Team WHAT, said.

The overall winner for all four phases of the competition was team Robo Bugs.

The Robo Bugs have been competing for three years and they feel that the competition has taught them numerous skills in computer programming, as well as being comfortable in front of crowds.

When asked what their favorite part was, it was not winning the trophy. It was the “cheering,” the Robo Bugs said in unison.



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Police Beat

Jan. 16

Agency assist 11:30 p.m.

EWU officers were called to assist with a report of domestic violence at Eagle Point. The altercation was between a student and a non-student, was verbal only and no arrests were made.

Jan. 18

Marijuana violation 9 p.m.

A 16-year-old and an 18-year-old were caught with marijuana while visiting friends in Morrison Hall. The minor was released to his parents, and the 18-year-old was cited and released after officers found pipes, scales, and marijuana in his possession.

Jan. 21

Fighting 10 p.m.

CAs in Dressler Hall reported two female students fighting. The fight was over by the time officers arrived, and witnesses were not cooperative. No arrests were made.



Jan. 21. CAs in Dressler Hall reported two female students fighting. The fight was over by the time officers arrived. The witnesses were not cooperative and no arrests were made.

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I'M VEGAN

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HISTORY OF EASTERN IN PICTURES



Commencement, 1977. A group of Eastern students gather in their caps and gowns for graduation.

The Green Dot Spot:

Violence prevention is everyone’s business

By Karen Wanjico
EWU VIOLENCE PREVENTION ADVOCATE
kwanjico@ewu.edu

How can you tell if your friend is in abusive relationship?

You might observe warning signals from the person doing the abusive behaviors or the person on the receiving end of the behaviors.

Once you observe the behaviors your green dot might be to check in.

Get more information.

Then you can choose to cause a distraction, confront directly, or ask someone else to intervene.

So what are the signs of an abusive relationship?

What behaviors are you looking for?

One sign is excessive jealousy.

You might observe your friend always checking in or accusing their boyfriend or girlfriend of cheating. Watch for signals. How does your friend react? Are

they excited to get a phone call or do they seem to dread it? Are they always defending themselves? Are they always trying to prove that they have done nothing wrong?

A second sign is when one person monitors the other person constantly. In new love it is common to check in and see how the other person’s day is going and ask, “What are you doing.” In an abusive relationship, this is carried to the extreme.

The recipient no longer finds it cute or appealing. Their body language may stiffen or they may look worried when they receive a call. The person calling is jealous and worried that they may be losing control.

They may sound angry or demanding. The recipient may make excuses rather than going out. As the observer, you can do green dots by checking in; “Are you ok?”

You can also confront. “You seem too jealous.

Maybe you should back off.”

In an abusive relationship there is no room for other people or activities. In new love, both people may hole up for a while to enjoy each other’s company.

In an abusive relationship, the victim may say things like, “I am not supposed to go out.” “She says I never want to spend time with her, but that’s all I do.”

If you observe your friend becoming less available, check in. Ask, “Are you okay?” Observe whether or not the feelings are mutual, or if only one person is demanding more exclusivity.

You can speak up and say, “In healthy relationships, people don’t have to give up their friends and family.”

You can learn more by speaking to a member of the green dot team. Call the advocates at 509.359.6429.

THE EASTERNER

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Writers’ Meetings:
The Easterner is open for any EWU student or faculty who wish to write or copy edit news stories.

- Writers’ meetings are Mondays at 3:30 p.m.
- Copy editing meetings are Saturdays at 8 a.m.

News Line:
If you have a tip, letter to the editor, press release or an idea for a story please call The Easterner tip line at 509-359-6270 or the general office line at 509-359-4318.

About your paper:
All content in The Easterner is either produced or chosen by EWU students. Our goal is to provide relevant information to the students, faculty, staff and residents of the communities surrounding EWU.

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THE BEST OF...

CHENEY / SPOKANE

1. Which is the best movie theater in the Spokane/Cheney area?

☐ AMC River Park Square

☐ Regal Northtown Mall

☐ Village Centre Cinemas, Airway Heights

☐ Other (please specify)_____

☐ Magic Lantern

2. Which is the best grocery store in the Spokane/Cheney area?

☐ Cheney Trading Company

☐ Rosauers

☐ Walmart, Airway Heights

☐ Other (please specify)_____

☐ Huckleberry’s

☐ Trader Joe’s

☐ WinCo

3. Which is the best book store in the Spokane/Cheney area?

☐ Auntie’s Bookstore

☐ EWU Bookstore

☐ 2nd Look Books

☐ Other _____

☐ Barnes & Noble

☐ Tree of Knowledge

4. Which is the best club in the Spokane/Cheney area?

☐ A Club

☐ Irv’s Bar

☐ Zola

☐ Other (please specify)_____

☐ Club Red

☐ Marquee Lounge

5. Which is the best Mexican restaurant in the Spokane/Cheney area?

☐ Corona Village

☐ Ionic Burritos

☐ Puerto Vallarta

☐ Other (please specify)_____

☐ El Rodeo

☐ Neato Burrito

☐ Rincon Tapatio

6. Which is the best pizza in the Spokane/Cheney area?

☐ Gatto’s

☐ Papa Murphy’s

☐ Pizza Pipeline

☐ Rosa’s Pizza

☐ Other (please specify)_____

☐ Geno’s

☐ Pizza Hut

☐ Rocky Roccoco’s

☐ South Perry Pizza

7. Which is the best bar in the Spokane/Cheney area?

☐ Andy’s

☐ Eagle’s Pub

☐ Other (please specify)_____

☐ Blue Spark

☐ Wild Bill’s Longbar

8. Which is the best mall in the Spokane/Cheney area?

☐ Northtown

☐ Spokane Valley Mall

☐ Other (please specify)_____

☐ River Park Square

9. Which is the best general restaurant in the Spokane/Cheney area?

☐ Elk Public House

☐ Sushi Maru

☐ Other (please specify)_____

☐ Rusty Moose

☐ Saranac Public House

10. Which is the best coffee shop or stand in the Spokane/Cheney area?

☐ Bahama Joe’s

☐ Rocket Bakery, South Hill

☐ Thomas Hammer

☐ Other (please specify)_____

☐ Bigfoot Java

☐ Starbucks, Cheney

Corrections for Issue 12, Jan. 18:

Last week’s information about the Chinese Zodiac was according to life123.com.

Place a classified ad!

Call The Easterner’s advertising department at 359-7010 for more information.

Athletic Training Club hosts Resolution

By Libby Campbell
CONTRIBUTING WRITER

The idea of running through slushy snow in near freezing temperatures probably doesn't sound very appealing to most people, but EWU Athletic Training Club member Heather Sevier sees things differently.

"We knew there would probably be snow," she said, "and we thought that could add to the adventure."

The club will host its first winter event, the Resolution Run 2012 5K, on Saturday.

Organizers designed this race to help runners stick to their New Year's training goals.

It will be at 9 a.m. on EWU's soccer and intramural fields.

"This year we plan on doing two runs and hope to have our second in the spring," said Sevier, a co-organizer of the event.

The 5K run the club plans to have in spring will be a road race, so the Resolution Run will be a different sort of challenge.

"Participants can prepare themselves by gradually increasing their running distances over a period of time to get their bodies used to the five kilometers. Runners should also prepare for cold conditions," said Joe Kreilkamp, club president and a co-organizer of the 5K.

Thanks to Mother Nature, participants should expect to run in snow, ice or even mud.

"Our advice is to dress warm in layers and wear good socks," Sevier said.

Register for the event at
www.ewuathletictrainingclub.weebly.com.
Cost: \$15

Ten percent of proceeds from the race, which is open to anyone of any age or skill level in the community, will benefit the club's Relay for Life team, which supports finding a cure for cancer.

The rest will help send the club to the District Athletic Training Association Conference in Bellevue, Wash.

The members of the club are required to attend the conference to graduate from the athletic training program, according to Kreilkamp.

"These district conferences are a great way for the

Conditions may be less than ideal, but participants should not be deterred by the weather. "We will do our best to make sure the course is run-able and safe.

If all else fails, wear your warm clothes and boots and go for a nice 5K walk to support the Athletic Training Club," Sevier said.

"It will be fun, [participants] will get a t-shirt and bag for participating and there are prizes for winners," she said.

According to the club, the race is a great opportunity for people to fulfill the physical fitness portion of their New Year's resolutions.

"We would love to see everyone out there," Kreilkamp said, "rain, snow or sunshine."

Throwers:

continued from page 12

According to Mecklenburg, Nielsen's work ethic has put him in a position to compete at a high level. Kerr indicated Nielsen's dedication to the program and the process of improving as a Division I track athlete has encouraged his continued development.

Mecklenburg said Buchanan is the captain of the crew but also the quietest. However, a calm demeanor does not mean the captain is missing the innate fire needed to compete at a high level.

"[Buchanan] realizes he has some special abilities and his

work ethic has to match [his talent level] if he wants to get better, especially in the NCAA division I level," Kerr said.

Physically, Anderson is the biggest of the group. Mecklenburg said, "He's the tallest, he's got the genetic gifts."

All four will be in Flagstaff to compete for the Big Sky throwing championships, and they will all be there to root for one another.

"Teammates are there to support you and that's a big key," Arakawa said. "Even after a bad meet, teammates get together and have a good time. It's a big healing process."

Eastern track and field returns to action this weekend, Jan. 27 and 28 in Seattle for the UW Team Invitational.



Photo by Casey Picha

The throwers will be going with the rest of the EWU track and field team to Flagstaff, Ariz., Feb. 24-25.

Film Lab:

continued from page 7

"The point isn't to offer students something they can't afford already," said Monroe. "The point more is to see what happens if we can provide a space that hopefully fosters a community of screenwriters to be able to come together, meet other people who are writing, and become better writers by interacting with other people who are trying to improve themselves."

To see Doug Ault's movie about the film lab, visit <http://bit.ly/wp00iz>

The lab will be open for juniors and seniors in the film program. With quick access to the editing lab, equipment checkout and professors, the facility provides students with multiple resources. By blocking out distractions and immersing students in a workspace with like-mind-

ed individuals, professors hope it will create a more productive working environment.

"It's really, really nice to be able to work in and rely on the film building for all these different parts. It's going to be a lot more efficient to use this place than my place at home, which has a TV next to it and books and electric guitars and all other sorts of distractions," said senior film major Sage Bilderback.

Monroe submitted the grant for a screenwriting

lab to underscore the importance of screenwriting in the film-making process. The film program focuses on the narrative aspect of film-making and requires scripts to be written, rewritten and revised as classwork. The prominence of this aspect of the curriculum is what Monroe points to as a reason for student success.

"I think it really pays off, and you can see it in the films that come out of the program," said Monroe. "Screenwriting is a really big part of our program, and

that reason is because it's a really big part of filmmaking. There's no film about a story without a script, so I'm glad we put so much emphasis on it.

With continued access to the editing suite and the addition to the screenwriting lab, students have more tools than ever to develop their films from idea to final production. This added support is a huge benefit, says Monroe.

"I'm really excited about this opportunity that the grant has allowed us."

SAD:

continued from front page

that sometimes the coursework is harder during winter quarter but there is also a lack of motivation due to the dreary weather and being in "hibernation mode."

Gähl says there is no definitive test to determine if a student has SAD, but a doctor can diagnose the condition based on the pattern and severity of their symptoms. Treatments include phototherapy, Vitamin D3 supplements and/or depression medication. According to Emerson, phototherapy is the exposure to full spectrum light which mimics the light given off by the sun.

Special lights that have

If you need help with winter blues, schedule an appointment at Rockwood Clinic or visit Counseling and Psychological Services. For more information on SAD and its effects, visit <http://www.mayoclinic.com/health/seasonal-affective-disorder/DS00195>.

a full spectrum can be purchased online or in stores such as Costco or Wal-Mart. Prices range from \$40-\$170. These lamps come with specific amounts of time people should be exposed to them. According to Gähl, it takes about three weeks of consistent use to see results. Emerson says that if a person is exposed during the night, it can cause a person to lose more sleep because it messes with the body's internal clock. This causes people

to be awake when they should be sleeping.

CAPS has one of these lights and students are welcome to use it. Students should check in at the front desk and an employee will assist them.

In addition to these treatments, Gähl suggests increasing exercise and making sure that people get the adequate amount of vitamins and minerals from fruits and vegetables to maintain a healthier lifestyle.

LLCs:

continued from page 7

who are interested in outdoor adventure, recreation and nature. Activities include skiing/snowboarding, river rafting, and rock climbing.

Experience the Arts
Morrison Fifth Floor North

This LLC is for students who are interested in arts, literature, language, philosophy, writing and other related disciplines.

Activities include visits to art galleries, poetry readings and musical performances.

Explore
Morrison Fourth Floor South

This LLC is for students who are interested in com-

munication studies, geography, anthropology, psychology and other social and behavioral sciences. Activities include global lecture series, special dinners and trips to the crime lab.

Healthy Choices
Morrison Third Floor South

This LLC is for students who are interested in exercise, nutrition, and holistic living. Activities include self-defense classes, stress management lectures and collaborations with Health, Wellness, and Prevention staff.

Impressions
Morrison Second Floor North

This LLC is for students who are interested in gender identity, sexual orientation and social justice. Activities include speakers on social justice, collaboration with women's and gender studies and the EWU Pride Center.

Guilty Pleasures

By Chelsea Twiss
COLUMNIST
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Over the course of winter break, I indulged myself in an activity that I find very difficult to fulfill during school: leisure reading. The quarter ended and I finally had time to devote my attention to a pastime that became neglected when my mind was distracted with and consumed by school work.

My first step in fulfilling this much-awaited desire was to select my book of choice. I was beginning to reread "A Tree Grows in Brooklyn," a childhood favorite, when a particularly intriguing book was recommended to me titled "The Hunger Games."

I'm sure some, if not many, readers are at least somewhat familiar with this title. Unbeknownst to me at the time, I decided to avert my full attention to a series of three books that not only reside in the teen section at book stores right beneath the dreaded "Twilight" series, but are also referenced in last month's Cosmopolitan magazine as one of the "Sexy Reads of the Month."

Now, I have always prided myself on the inherent rejection of anything representing the core of today's pop culture, especially hallmarks of the teenage fantasies. The appeal of "Twilight" to teenage girls was so painfully obvious to me that I could never take the story seriously (Edward: "Bella, I will never leave you, I will always be watching you, I will never love anyone else like I love you, etc..."). And no, I did not read the books. However, I did rent the movies from Eastern's library and figured I wasn't committing a shameful act as I did not pay a single cent to view them.

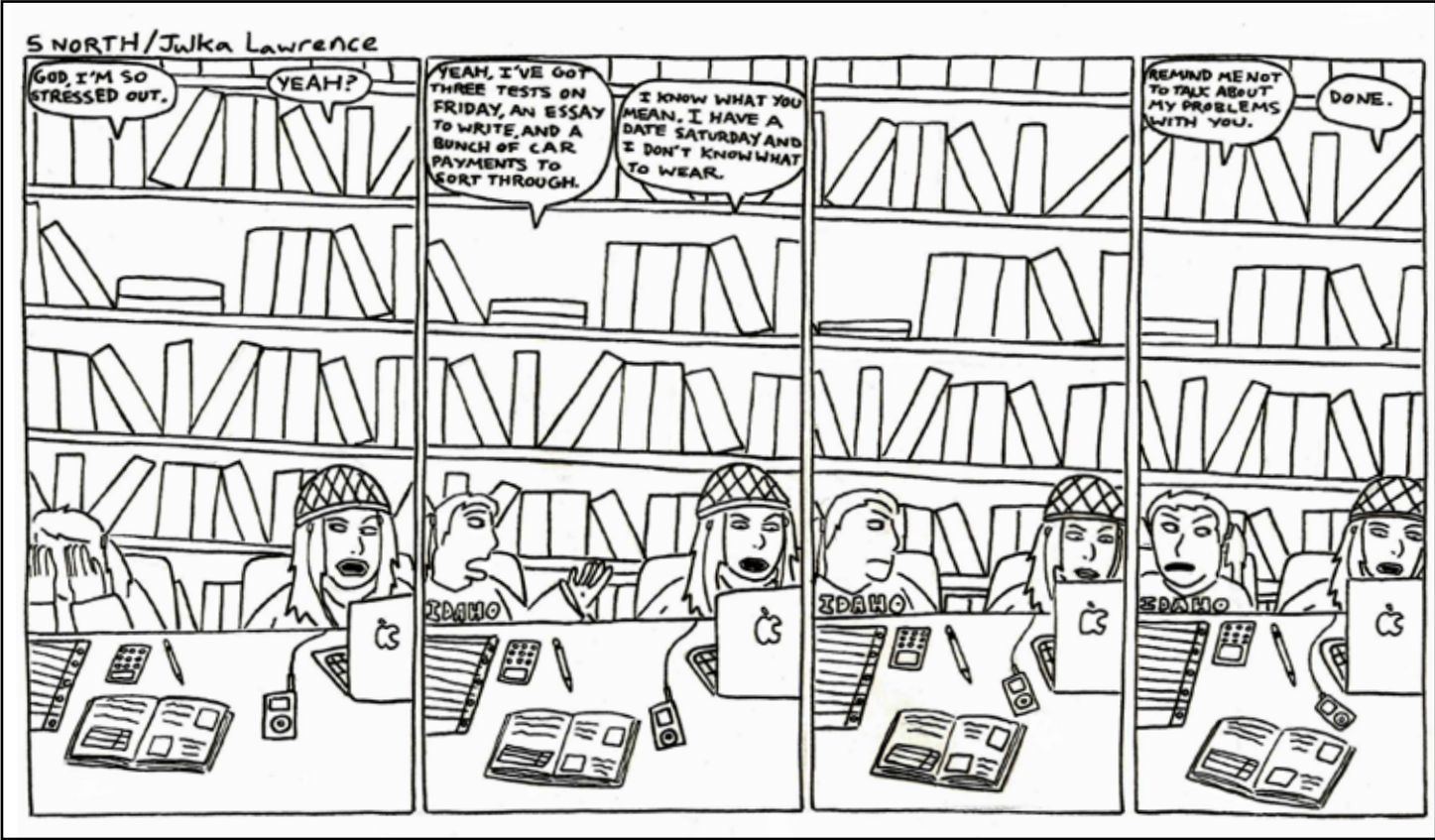
Now, I'm hooked on a series that is blowing off of the teen book shelves at a pace so rapid it would stop a vampire cold in his tracks. I can't help but resent myself a little bit for this fact. All I can say is that I didn't realize the teen craze associated with this novel until I was already halfway through the first book, finding myself unable to put it down longer than a few hours. I actually got excited when I found out the first film is coming out in late March of 2012.

At the moment, I'm about halfway through the third and final book of the series -- my reading slowed significantly by the beginning of winter quarter -- and I still kind of hate myself for enjoying it so much, but honestly, I can't help it! I feel like I've sold out by settling for books of teen fodder: love triangles (which really get on my nerves), a ridiculously fast paced plot, and content that is in no way comparable to the complexity of Hemingway.

I suppose I can still pat myself on the back for at least choosing to read as a pastime rather than watching "Jersey Shore" or "House," but I still can't help but feel that I was somehow tricked into loving the very latest in the teen craze without my knowledge. The moral of the story is that love really is blind, especially when it comes to leisure reading. Maybe it's time to give the "Twilight" devotees a break.



Twiss



Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

Upcoming Sports

- Jan. 26**

EWU
Women's Basketball
at Montana
at Missoula, Mont.
at 6 p.m.

*

EWU
Men's Basketball
vs. Montana
at 6:05 p.m.
- Jan. 27**

EWU
Track and Field
in UW Team invite
at Seattle
at 9 a.m.

*

EWU
JV House Hockey
vs. Washington State
at 7 p.m.

*

EWU
Men's Hockey
vs. Thompson Rivers
at Kamloops, British Columbia
at 8:30 p.m.
- Jan. 28**

EWU
Track and Field
in UW Team invite
at Seattle
at 9 a.m.

*

EWU
Men's Tennis
vs. Whitman
at 10 a.m.

*

EWU
Women's Tennis
vs. Seattle
at 5:30 p.m.

*

EWU
Men's Basketball
vs. Montana State
at 6:05 p.m.

*

EWU
Women's Basketball
vs. Montana State
at Bozeman, Mont.
at 6:05 p.m.

*

EWU
JV House Hockey
vs. Washington State
at 7 p.m.

*

EWU
Men's Hockey
vs. Thompson Rivers
at Kamloops, British Columbia
at 8 p.m.
- Jan. 29**

EWU
Men's Tennis
vs. Whitworth
at Whitworth
at 10 a.m.
- Feb. 2**

EWU
Men's Basketball
vs. Northern Arizona
at Flagstaff, Ariz.
at 5:35 p.m.

*

EWU
Women's Basketball
vs. Northern Arizona
at 6:05 p.m.

Patton's passion continues family legacy

Tennis player
playing for keeps

By Al Stover
SPORTS EDITOR
easterner.sports@gmail.com

Chelsea Patton clears her mind as she stands across the court from her opponent. She glances back and smiles at the man dressed in a Boise State jacket.

Patton, a junior majoring in marketing, is a member of the Eastern women's tennis team. The man in the Boise State jacket is her father Greg, who is the head coach of the Broncos men's tennis team. Chelsea has been involved with tennis her entire life.

Although her father has been coaching since 1976, Chelsea never felt pressured by her father to enter the sport. The day her parents brought Chelsea home from the hospital, Greg, who was the coach of the University of California, Irvine tennis team at the time, was interviewed by the local newspaper.

"They asked him, 'What if she doesn't grow up to be a tennis player?'" Chelsea said. "He said, 'That's fine with me. I'll support her in whatever she does.'"

Greg, whose mother Rita was a tennis player and coach, wanted to introduce Chelsea and her brother Garrett, a freshman at Boise State, into tennis in a more casual way.

"My mission was to make it fun," Greg said. "The most important thing was I wanted something that would always bind us together. It's worked out better than I could have ever dreamed."

Chelsea Patton

EWU career record 2010
Singles 10-11
Doubles 8-13

2011
Singles 8-13
Doubles 7-13

Big Sky
All-Academic team for 2010-11

Boise High School
Graduate 2009
Four-year letter winner

Played on the 18s
National Fed Cup team in 2008

Received the Homer
Osborne Memorial
Sports Award

Third in Girls Singles
and mixed doubles at
the 2007 Idaho State
championships



Photo by Aaron Malmoe

Chelsea Patton finished he 2010-11 season with a singles record of 8-13 and a doubles record of 7-13.

my life. It was all about that want to play, which installed that passion for tennis in me first before the competitiveness."

According to Greg, one way Chelsea was able to progress was playing in tournaments.

Greg's rule for Chelsea and her brother Garrett was to make friends.

"I knew if they made friends, they would want to practice," Greg said. "They would want to play and go meet their friends. Everyone thinks tennis is a selfish sport, but there's a sense of affiliation."

"[Chelsea and Garrett] would go to nationals and meet kids from across the country. When they got home, if they wanted to go back to nationals, they would have to earn it."

Someone Chelsea is competitive with is her brother who, according to Chelsea, helped her put her main focus on tennis.

"When I was about 13 and he was 12, he started beating me," Chelsea said. "That competitiveness with my brother made me realize, 'I'm a tennis player. I have to practice and stay in shape.'"

One of the memories Greg has is back when Chelsea was nine years old and Garrett was seven. Greg was doing a training camp in Yakima, Wash. and had done the camp for three days. Even though their dad was exhausted, Chelsea and Garrett wanted to play. For three hours, Greg hit balls with his daughter and son.

"It was one of the most

TENNIS-PAGE 11

Climbing club to compete in Climbtastic Voyage

Event features
raffle drawing

By Frank McNeilly
STAFF WRITER
frank.mcneilly@gmail.com

Climbers from Washington, Oregon and Idaho will show their skills at the Climbtastic Voyage competition on Jan. 28, inside the University Rec Center.

According to Kevin Klim, the climbing club advisor, the Climbtastic Voyage is a celebration in the climbing community.

"We don't want to just award people for performance," Klim said. "We want to award them just for being part of the climbing community, so we just give away some raffle prizes. Some of the best prizes we give away randomly."

The event will feature a variety of climbers ranging from those just beginning to some of the best in the world.

"We have competitors that have competed nationally," Klim said. "One young lady that goes to school here, Melissa Main, as a 13-year-old competed internationally in Beijing and is ranked fifth in the world in her age group."

Although there are some very experienced climbers participating, they don't make up the majority.

"The vast majority of climbers in all the NC3 series, including ours, are beginners and intermediates," Klim said. "About 70 percent of all the climbers are in



Photo by Aaron Malmoe

EWU Climbing Club will have fewer members competing in this year's competition.

those two categories."

The event features different categories based on levels of experience.

"In each category, there is be-

ginner, intermediate, advanced, open, men's and women's," Klim said. "The top 10 finishers from each of those categories wins points. ... A climber can come in

tenth place as a beginner and still earn points for their school."

Senior Becky Harris is a climbing instructor and explains how each group participates without climbing over each other.

"The groups are split up because you can't have that many people climbing at one time," Harris said. "What they usually do is put beginners and advanced in together because they'll be doing different problems."

Not every climbing challenge will have all the participants climb to the very top.

"It's a bouldering competition. There are no ropes attached," Harris said. "Climbers only go up about 12 to 15 feet."

The climbing wall has a good floor surface to prevent injury in case of a fall. "We have a really squishy floor," Harris said. "We've done a lot of testing to make sure the floor absorbs impact really well."

Dyno comp is another type of climbing that participants can partake in at the Climbtastic Voyage.

"Some participants will do a dyno-comp, which is going from one hold and just jumping to another hold," Harris said. "It's really cool to watch."

Sophomore Tanner Bordane-ro actively climbs at Eastern and explained what the "crate stacking" part of the Climbtastic Voyage is.

"The object is to stack as many milk crates as you can without setting foot on the ground,"

CLIMB-PAGE 11

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Athletes make road to recovery

Javelin thrower's tiny steps lead to Big Sky indoor championship

By Kyle Franko
STAFF WRITER
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After Michelle Coombs launched the javelin over 163 feet, winning the 2009 Big Sky Championship as a freshman, her future seemed limitless.

As a sophomore, Coombs expected to defend her title. However, a week before the conference championships, she was experiencing severe pain in her throwing elbow.

"It was frustrating because we didn't know what was wrong, and it was kind of scary because I didn't know what was going to happen," Coombs said.

Three visits to the doctor later, Coombs finally discovered what had derailed her season: a torn ulnar collateral ligament. It would require surgery if she ever hoped to throw the javelin again.

The surgical procedure, which replaced the torn ligament in the elbow with a tendon from her forearm, is commonly known as the "Tommy John Surgery": recovery time of 12 to 18 months.

"When I found out I had to have the surgery and I knew it could be up to 18 months of recovery, I was blown away," Coombs said. "Immediately, I was like, 'I'm done. ... I won't ever throw again.'"

After surgery, Coombs's arm was in a cast and eventually a brace. Upon returning to school, Coombs and Shawn Edgerly, the track athletic trainer, spent the first couple of weeks trying to increase flexibility in the elbow. Initially, it was as stiff as a board.

"Every day he would just force my arm down just to get range of motion," Coombs remembered. "That was the most painful part."

Once the range of motion in her arm improved, Coombs took the next step. Starting with a one pound weight, the former javelin champion slowly began to rebuild her strength.

"I was there for like two hours a day for the

first four months at least," Coombs said.

Doubts about whether or not she thought she could recover crept into her mind several different times throughout the process.

The first was when she first learned the extent of the recovery time and the second was during the long hours spent rehabilitating her elbow.

"There's so much pain that goes into it, so many little steps and you're like, 'Gosh, will I ever be back where I was?'" Coombs said.

The process to recovery is long and tedious, and according to Edgerly, patience was important because even when the elbow felt good, Coombs had to make sure to not push too much.

"You still have to let the healing process take its course," Edgerly said.

Coombs remembers it felt like she lived in the training room last year, "It was a slow process."

But the hard work began to pay off as she regained the motion in her arm in addition to some of her strength. The next step was learning how to throw all over again.

Whether she was throwing a javelin or a softball, Coombs grew up playing sports and competing. Until she was in high school, softball had always taken precedence. "It was my big sport as a kid," Coombs said. "I would go to a couple different practices a night."

Years of playing softball honed in on Coombs's throwing motion. She credits her ability to throw a javelin with uncommon force to her days spent on the diamond.

"I just picked it up and threw it like a softball and my coach was like, 'Yeah, you're going to do this now,'" Coombs said. "It was just kind of weird how I got into it, but thank goodness I did. Because, I mean, I'm okay at everything else but definitely javelin ... was just natural."

So Coombs, took another step to recovery. For two months she would pick up a tennis



Photo by Casey Picha
Michelle Coombs's personal best at the javelin is 163-1 feet.

ball, throw it against the wall 10 feet away and then move her way back until she was almost across the fieldhouse.

Before the end of last year, Coombs was outdoors throwing a javelin, not full-force, but the slow rehabilitation process was beginning to pay off.

"It was so cool to progressively see myself get better," Coombs said. "All the steps I've taken, I look back, and I'm like, 'Shoot I could barely lift one pound when I started and now I'm throwing a regular javelin.'"

Along the road to recovery, she may have had some personal doubts, but Mecklenburg never had any regarding Coombs.

"I don't think there was ever any question really," Mecklenburg said. "She's Michelle Coombs. She [was at one point] one of the top javelin throwers in the nation."

Many of the steps Coombs has taken have helped her elbow recover. The biggest hurdle left may only be the mental one.

"Every time I throw now, I'm cautious," Coombs said. "But I think eventually the more I throw it, ... I'll get over it." Head coach Marcia

Mecklenburg has not noticed any signs her red-shirt junior will struggle mentally once the outdoor season begins.

"It'll be interesting to see though ... if there's some hesitation once we do get into the full approach," Mecklenburg said. "We'll see if there are any lingering doubts. Right now, I don't see any at all."

What Coombs is doing right now is competing in the indoor hurdles (the javelin is an outdoor event only) and savoring the competitive atmosphere that was lacking in the training room.

"I think I appreciate it a little more just from being out for so long," Coombs said. "It's kind of motivating to be back and be healthy after an injury, kind of makes you push a little harder."

She will have the opportunity to see just how far she has progressed later this year, but for now, the ultra-competitive Coombs looks to qualify in the hurdles for the Big Sky conference indoor championships.

"I've been practicing more, working out more," Coombs said. "My body is getting in better shape, so I think I have a good chance. I just have to put it all together."

Russell rebounding from injury

By Josh Friesen
STAFF WRITER
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For senior basketball player Breauna Russell, last season did not go as planned. She was able to play during the preseason, but over time a season-ending stress fracture and bone spur forced her to leave the court. She had to spend the rest of the season watching her teammates from the bench during conference play.

Russell still remembers the feeling she had when she was told her season was over.

"I had a breakdown ... in the doctor's office," she said. "I was done."

However, after a grueling rehabilitation process, Russell has been back on the court for the Eagles this season. Even though her foot still bothers her, she is able to play.

In order to keep from re-aggravating her injury, Russell limits herself during practice by not participating in all the drills.

"I'm 100 percent [during games]," Russell said. "It's just keeping it at a level where I can deal with it."

Although Russell's injury healed, there was a point during her rehabilitation process where she was beginning to doubt her progress.

"It was still hurting, so I was losing hope," she said. "[The doctors] had said, 'There's nothing else. We don't understand why it's hurting.' ... Then they found the bone spur."

After surgery in October to remove the bone spur, Russell began to make bigger strides in her overall recovery.

Coming off the bench, she's been a catalyst for the Eagles, especially on defense. According to senior teammate Carrie Ojeda, Russell is the team's best defender.

"She's really quick," Ojeda said. "She gets after it and gets us going on defense a lot. She gets steals and goes and lays it in. She's so much faster than anybody else in our league."

Russell also serves as a big motivator for the team. One of the players who looks up to Russell is freshman Michelle Williams.

"I can tell as soon as she steps on the floor, she's just a spark," Williams said. She has so much energy and she gets us pumped up and going. Last game when we were kind of in a slump, she

came out and got a couple steals and a couple lay-ups and that was something we really needed."

Ojeda still remembers not having Russell out on the court.

"When things get out of control, she can kind of talk to us in the right way to get us back together," Ojeda said. "Not having that, it sucked."

Coach Wendy Schuller acknowledges that having Russell back this season lets the Eagles put more pressure on [other] teams. Schuller, who is coaching for an eleventh season at Eastern, believes Russell is well on her way to re-establishing her role on the team.

"We always talk about wanting to make teams feel uncomfortable, and I think she does a really good job of that and helping our team do that," Schuller said.

While her coach and teammates recognize Russell's physical contributions during game time, they also realize her character and resolve. According to Schuller, Russell's number one priority is the team's success.

"She's just one of those kids that is as unselfish as they get," Schuller said. "She really and truly will do whatever we ask her to do."

Ojeda and Williams also consider Russell to be a positive influence on the team, and that her injury has allowed for more team bonding.

"I got hurt last summer in open gym so I've been right along with her in the training room," Ojeda said. "But I feel like she's been really positive about [her injury] and dealt with it."

"She's been hurt for a long time, and she's just always so positive," Williams said. "She always works super hard."

Schuller had nothing but praise for Russell and how she's handled the adversity of ending last season early.

"She's a great teammate, and she's just someone who is a good person to have around," Schuller said. "It's really hard when you're not playing to remain a leader and to stay in that role. ... It's hard to describe what a good kid she is."

Russell tries to keep from dwelling on her injury. She believes that it has allowed her to gain more appreciation for the game.

"You take those things for granted when you're doing it, but when you have to sit out and watch, it's frustrating," Russell said. "Now that I'm back into it, I work harder because I know what it's like to not be able to do it."



Russell

Tennis:

Continued from page 10

incredible moments of my life," Greg said.

Although tennis has been a large part of her life, Chelsea took time in high school to explore and do other things. While Greg embraced the idea of his daughter doing other things, they both knew playing college tennis was the goal.

Even though her father is the coach at Boise State, Chelsea decided to venture out on her own to mature herself and have the

experience of playing under different coaches.

For Chelsea, the biggest transition to playing on a college level is playing with an actual team versus the individuality of playing junior tennis.

"As many friends you make in tournaments, it's all about your end result," Chelsea said. "Being on a team, we're more put together. We support each other in every aspect. We rely on each other if we're having a bad day."

Kelsey Knight is a teammate of Chelsea's who has recently had her meniscus repaired. Being

on-and-off double partners with Chelsea, Knight has felt Chelsea's passion on the court.

"You can't help but feel infected [by it]," Knight said. "When I play with her, I want to stay pumped up because that's what she expects of herself."

Coach Mykala Hedberg has noticed Chelsea's work ethic and her devotion for the sport.

"You can tell its something she loves," Hedberg said. "She wants to come out here everyday [to practice] and be a part of the team. She's a good girl to have out here."

For Greg, watching

Chelsea play is like watching art.

"It's a beautiful song and dance for me," Greg said.

This summer, Chelsea will be looking to study in France and participate in some tournaments in Europe.

There is one lesson she has learned from her father, that she will carry for the rest of her life.

"Life is about meeting people," Chelsea said. "To interact with different people and get feedback from different people, to mentor other people and to be mentored by other people."

Climb:

Continued from page 10

Bordanero said. "The record is over 20 high; once you get that high, it starts to lean quite a bit. It's hard to correct after you start to lean."

Bordanero described the danger of standing around the participant on the milk crates.

"You have to watch out when your spectating because the milk crates like

to bounce," Bordanero said. "The people handling the milk crates are required to wear helmets just in case one falls."

This year's Climbastic Voyage will be unique because there is a new feature that previous competitions did not have.

"This year, we are going to have a secondary climbing wall," Klim said "We had it engineered and built by university folks which we're going to set

up upstairs outside the Roost so people can climb for five straight hours."

Eastern's success at the previous two Climbastic Voyage competitions has been because of the amount of participating climbers.

"I think Eastern has won the previous years not because we have the best climbers but because we have so many competitors," said Klim. "A lot of participation has been winning us a lot of points."



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Vikings pillage Eagles in overtime

Men’s ranked fifth in Big Sky

By Fedor Gaponenko
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The Eagles dropped their third straight game, this time in a 76-78 overtime loss to the Portland State Vikings.

In a game that featured eight lead changes and 14 ties, it was fitting to see it go into overtime.

With a one point lead and under a minute left in regulation, the Eagles forward Tremayne Johnson made a tough bucket with the foul, but missed on the opportunity to complete the three-point-play and put the Eagles up by four.

The Vikings got the rebound and ran out on a fast break finding guard Lateef McMullan for the corner 3-pointer.

The Eagles point guard Cliff Colimon arrived half a second late and, in an attempt to block the shot, fouled out of the game as McMullan nailed the equalizer.

“If we make that free throw we’re up by four and it doesn’t matter,” Coach Jim Hayford said. “The only thing that could’ve hurt us was a three and we must have been guarding them pretty close on it because we fouled them too.”

With all the fans in a yelling frenzy, McMullan missed the go-ahead free throw and gave the Eagles six seconds to try and break the tie.

Johnson had a chance to get the win on the last shot,



Senior forward Tremayne Johnson scored a combined 42 points with junior Collin Chiverton in the game against Portland State. Johnson has 139 points for the season.

but was blocked into overtime.

“Fortunately he missed that one,” Hayford said referring to McMullan’s free throw miss. “We got the matchup we wanted [on Johnson’s final shot] but we just couldn’t finish.”

In overtime, the Vikings kept the Eagles playing catch-up. With a three point deficit and just over thirty seconds left in the

game the Eagles drew up a play for forward Collin Chiverton to get a 3-point look.

The play was executed to perfection as Chiverton ran around a couple of screens and caught the ball for a wide open baseline 3-pointer.

Much to the agony of the fans, there was plenty of time for the Vikings to take the final lead.

After dribbling around the perimeter as precious seconds ticked off the clock, Vikings guard Charles Odum attacked the middle and pulled up for a 16-foot shot, which gently hit the front rim and found its way through the net, silencing the stunned EWU crowd.

The Eagles didn’t have a great shooting night, finishing with 40 percent

from the field, but made up for it by shooting 70 total shots compared to 50 for the Vikings.

Although the Vikings had fewer attempts from the field they made up for it with free throws.

There was a huge free-throw discrepancy with the Vikings getting to the line 43 times compared to the Eagles with 24.

Neither team shot their

free throws particularly well, the Eagles only made 58.3 percent.

The loss brings Eastern’s overall season record to 9-11.

They are currently ranked fifth in the Big Sky Conference standings, right under Portland State.

The Eagles will next play the Montana Grizzlies, Jan. 26 at 6:05 p.m. at Reese Court.

Photo by Aaron Malmoe

Throwers gearing up for Big Sky

Athletes break personal records, qualifying for championships

By Kyle Franko
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Qualifying for the Big Sky Conference Championship is just the beginning for the EWU track throwers. It simply means they have been invited to the party.

Men’s track throwers Marlyn Anderson, Zach Nielsen, Jon Buchanan and Jordan Arakawa have all qualified for the indoor conference championships in Flagstaff, Ariz. this Feb. 24 and 25. However, the qualifying marks do not mean the athletes can coast for the next month.

With four meets left until the conference championships, each athlete is working to improve his technique and build toward a successful finish.

Buchanan, sophomore captain, is currently second in the Big Sky Conference in shot put with a season best toss of 52-2 1/2. He is also sixth in the weight throw with a distance of 55-11 1/4 but hopes to improve both marks.

“I’m nowhere near where I want to be,” Buchanan said. “I’ve got a ways to go.”

Anderson, a junior who finished 10th in the shot put in last year’s indoor championships, currently leads the Big Sky after setting a personal record in the shot put of 52-4 1/2 at the UW Indoor Preview in Seattle on Jan. 14.

“I just finally figured out how to get my footwork down,” Anderson said. “I had a whole bunch of family there supporting me, so it made it easier to throw.”

Anderson was not the only Eagle thrower to set a personal record in Seattle. Junior Zach Nielsen also set a personal best with a mark of 59-11 1/4 in the weight throw, the second best distance in the Big Sky conference.

“There’s always going to be room to improve, but this early in the season I’m pretty happy to [have gotten a] PR [personal record] at the last meet,” Nielsen said. “[But] I’m not going to be happy if this is where I stop.”

Arakawa, a sophomore who has the least experience in the group, is third in the Big Sky conference in the weight throw with a distance of 55-11 1/4 at the UW Indoor Preview.

“Last year was my first year doing the weight,” Arakawa said. “This is a good year, ... a technique year.”

All four throwers, participating in either the weight throw or shot put, have put themselves in positions to compete for Big Sky throwing championships. Women’s



Photo by Casey Picha

Sophomore Zach Nielsen is from Renton, Wash.

head coach Marcia Mecklenburg, who coaches the throwers, sees their improvement resulting from their commitment to the sport.

“They’re motivated ... and they’ve got a great attitude,” Mecklenburg said. “They’re very coach-able, and it’s a lot of fun working with them. They’ll listen to what you have to say and they’ve got positive attitudes. They don’t carry or bring in baggage from school. When they come to work out, they are there to work out and to get the job done.”

It is a group of throwers dedicated to the process of getting better every day, and according to Mecklenburg, it is a close-knit crew, “Even though only one can win, they’re behind each other all the way.”

The four throwers are friends on and off the track, but each athlete has individual strengths and personalities.

The men’s head coach Stan Kerr said, “Jordan Arakawa just hustles [and] works really hard in practice.”

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